

NORTH LINCOLNSHIRE COUNCIL

CABINET

**ACTION PLAN FOLLOWING THE REVIEW OF
CHILD AND ADOLESCENT MENTAL HEALTH SERVICES PROVISION**

1. OBJECT AND KEY POINTS IN THIS REPORT

- 1.1 To consider an executive action plan to address the recommendations of the Children and Young People's Scrutiny Panel Report regarding Child and Adolescent Mental Health Services (CAMHS) in North Lincolnshire.

2. BACKGROUND INFORMATION

- 2.1 At the meeting held in October 2007, the Children and Young People's Scrutiny Panel agreed to undertake a review of CAMHS. The report 'Review of CAMHS in North Lincolnshire' was approved by Council on 25 June 2008.
- 2.2 Cabinet adopted the report on 9 July 2008 and requested that an action plan be prepared in response to the recommendations.
- 2.3 The action plan was developed and agreed in collaboration with relevant officers within the Children's Trust.

3. OPTIONS FOR CONSIDERATION

- 3.1 It is proposed that the CAMHS action plan be approved by Cabinet (copy of action plan and supporting information attached).

4. ANALYSIS OF OPTIONS

- 4.1 The report provides the action plan requested by Cabinet.

5. RESOURCE IMPLICATIONS (FINANCIAL, STAFFING, PROPERTY, IT)

- 5.1 NHS North Lincolnshire is responsible for commissioning health services that enable the NHS to discharge its responsibilities for the delivery of a Comprehensive CAMHS in North Lincolnshire, supported by the Children's Trust.
- 5.2 Resource implications arising from the action plan will be considered in due course.

6. **OTHER IMPLICATIONS (STATUTORY, ENVIRONMENTAL, DIVERSITY, SECTION 17 - CRIME AND DISORDER, RISK AND OTHER)**

6.1 None at this time

7. **OUTCOMES OF CONSULTATION**

7.1 The action plan has been developed and agreed by relevant partners.

8. **RECOMMENDATIONS**

8.1 That Cabinet approves the CAMHS action plan.

8.2 That the action plan is reviewed in twelve months and progress to be presented to Cabinet.

SERVICE DIRECTOR: CHILDREN, STRATEGY AND PARTNERSHIPS
AND
CHIEF EXECUTIVE, NHS NORTH LINCOLNSHIRE

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Background Papers used in the preparation of this report:

CAMHS Scrutiny Report

**CHILDREN AND YOUNG PEOPLE SCRUTINY PANEL –
CHILD AND ADOLESCENT MENTAL HEALTH SERVICES (CAMHS)**

1	RECOMMENDATIONS	ACTION	LEAD	TIMESCALE
1	That the commissioners and service providers need to agree and implement a more explicit referral criteria and pathway, focussing on a single access point rather than the three that are current being used.	<p>The service is now in a position to operate a single point of access for referrals</p> <p>Specialist CAMHS service re-configured with support from Regional Service Improvement Advisor.</p> <p>This re-design of the specialist CAMHS service has been undertaken using a capacity and demand model (Choice and Partnership Approach – CAPP). The re-design will provide a single point of access for referrals within the specialist service based on validation and scrutiny of current waiting list information and referral data. The re-design process has included a separation of services across N and NE Lincolnshire so that there is clarity around provision/investment within North Lincolnshire.</p> <p>The emerging findings of this exercise have been factored into NHS North Lincolnshire Strategic Plan and financial modelling for 2009 – 2011.</p> <p>The development of a revised service specification and performance framework for specialist CAMHS for 2009/10 has been drafted and will be finalised through the CAMHS Commissioning Group by June 2009 in the format required of the new national NHS Contract</p>	<p>RSIA</p> <p>NHS NL</p> <p>NHS NL</p> <p>NHS NL</p>	<p>Complete</p> <p>Complete</p> <p>Complete</p> <p>June 2009</p>
2	That the need for an earlier intervention/ assessment be made available for low/ medium risk cases to avoid these escalating into high risk cases.	<p>The re-design process within Specialist CAMHS takes account of all the requirements on a specialist service including the direct work with children, young people and their families at Tier 3. The new service specification details the level of support available within current resources at Tier 2 to support the wider range of early intervention/prevention services across the whole age range. Proposals for service development will address gaps in provision and where additional investment is required it will be supported within agreed priorities and resource availability.</p> <p>The implementation of a behaviour pathway that reflects NICE guidance on ADHD will require co-operation and involvement from Partners and has particular relevance to the Behaviour Strategy.</p>	<p>NHS NL</p> <p>EHWB/ CAMHS Group</p>	<p>Complete</p> <p>May 2009</p>

RECOMMENDATIONS		ACTION	LEAD	TIMESCALE
3	That appropriate training be devised by CAMHS in respect of managing referrals, and be provided for all non specialist Tier 1 staff.	<p>The capacity implications for the Specialist Service to deliver training/advice and support at Tier 1 are identified in the new service specification. Costed business cases will be prepared to address gaps in provision and will be considered against priorities and resource availability.</p> <p>The Emotional Health and Well-being theme within the Healthy Schools agenda is a key component and the joint commissioning of this work needs to be agreed within the Children's Trust arrangements.</p> <p>Some services at the prevention/early intervention level that are led by the Council. NHS North Lincolnshire and the Council will work together within the Children's Trust arrangements with priorities articulated within the Children's Plan 2009-2012.</p>	<p>NHSNL</p> <p>CAMHS and EWBG</p> <p>Children's Trust</p>	<p>Ongoing</p> <p>July 2009</p> <p>July 2009</p>
4	That the creation of dedicated and targeted Tier 2 service provision for North Lincolnshire be investigated as a matter of priority	<p>The re-design has resulted in an identifying available capacity at Tier 2 specialist provision/level of activity which will be linked to and support the wider Tier 2/targeted service provision for example within the Targeted Youth Support Agenda, Behaviour Pathway and Parenting Strategy. This Tier 2 provision will in the main involve practitioners who also deliver at Tier 3 and therefore within available resources decisions will need to be made about the relative priorities given to each Tier.</p> <p>The revised specification for Specialist CAMHS will provide the clarity around the available Specialist CAMHS Tier 2 provision (Primary Mental Health Workers, Psychologists et al) that will support further integration with other service areas at this level to deliver required outcomes.</p> <p>New NHS investments will be agreed through a prioritisation process. Other agencies have responsibilities at Tier 2.</p>	<p>NHSNL</p> <p>NHSNL</p> <p>NHSNL</p>	<p>Complete</p> <p>Complete</p> <p>December 2009</p>
5	That clear links be made between four different tiers, with services brought together into a central locality to make the overall CAMHS provision more effective within North Lincolnshire.	<p>The re-modelling of the service has resulted in a single point of access for referrals. The specialist CAMHS team is now working in an integrated way to manage the referral process ensuring a needs led approach to service provision and signposting of referrals when not appropriate for the CAMHS service.</p> <p>The Specialist CAMHS service specification with partner agencies describes the range and scope of services able to be provided by the Specialist service at Tiers 2 and 3. The draft specification has gone to consultation with Partners for implementation in the 2009/10 financial year.</p>	<p>NHSNL</p> <p>NHSNL</p>	<p>Complete</p> <p>June 2009</p>

RECOMMENDATIONS		ACTION	LEAD	TIMESCALE
		<p>CAPPA addresses waiting times and the PCT is working with Specialist CAMHS and the Regional Service Improvement Provider to map out progress to the measure of 18 weeks: a marker of good practice.</p> <p>The Specialist CAMHS Service Specification will make clear the links and pathways between Tiers 2 and 3 and any onward referral mechanisms for Tier 4.</p> <p>Tier 4 services are currently being considered as part of a Regional review and NHS North Lincolnshire is participating in this work. Tier 4 forensic services are already commissioned centrally and have defined access criteria. Other specialist tier 4 services (for example for eating disorders and ASD) will for the foreseeable future continue to be commissioned on a cost per case basis dependent on need which reflects the spectrum of need that might be seen at tier 4.</p>	NHSNL	Ongoing
6	That the provision of the 'out of hours' service be investigated further.	<p>The Specialist CAMHS service currently meets the requirements of the performance measure for this element of a Comprehensive CAMHS i.e. for a specialist mental health assessment to be undertaken within 24 hours or the next working day where indicated.</p> <p>There are concerns regarding the suitability of the setting in which children might be managed whilst awaiting specialist assessment and the support etc that might be required from a Specialist Service whilst a specialist assessment is obtained. Whilst there are arrangements in place both with the Acute Hospital (if there are physical health issues) and the Out of Hours Team (Safeguarding Issues) it is recognised that more work is required to ensure all practitioners are aware of these protocols and to ensure that children and young people have access to appropriate support whilst a Specialist Assessment is undertaken when neither of these instances apply.</p> <p>The issue of Out of Hours is one that needs to be addressed through partnership working and one that changes in the Specialist Service cannot resolve alone. Potentially a regional or sub regional approach may be required to deliver a cost effective and efficient service and this is linked to the tier 4 work above.</p>	NHSNL	December 2009
			NHSNL	Ongoing

7	RECOMMENDATIONS	ACTION	LEAD	TIMESCALE
7	That the provision of school nursing throughout North Lincolnshire be reviewed urgently, as part of the 'Every Child Matters' agenda.	<p>Capacity issues within school nursing are recognised and being addressed currently as far as is possible within available resources and within the context of an increasing public health/general health agenda. A review of PCT Children's Nursing services is underway</p> <p>Robust joint working/commissioning within the Healthy Schools agenda will also be a key component of addressing concerns in respect of the school nurse role within CAMHS as will the implementation of the Behaviour Pathway.</p>	<p>NHSNL</p> <p>NHSNL & Children's Trust</p>	<p>Complete</p> <p>December 2009</p>
8	That the above review should include consideration of skills mix, and the potential gaps caused by term time only provision.	The development of the Tier 2 provision within the Specialist Service provides an opportunity to look at the role of other professionals and the development of an integrated/multi-disciplinary provision that might include school nursing. Following completion of the re-design process we will be able to identify if additional capacity is required. If necessary investment proposals will be developed and considered through a prioritisation process in line with NHS North Lincolnshire's Strategic Plan.	NHSNL	Ongoing
9	That the provision for Head Teachers to be able to refer to the CAMH service be investigated in line with practice used in North East Lincolnshire following a successful training programme.	The re-design of specialist services to provide a Tier 2 team/service will provide the link between CAMHS and schools/Head Teachers. Clear referral and access criteria will accompany the re-designed service with clarity for Schools referrals and with particular reference to the behaviour pathway.	NHSNL	June 2009
10	That schools be kept informed by caseworkers and CAMHS staff of individual cases as much as confidentiality allows, so that teachers are given an indication as to the course of action that is being taken. This would allow more consistency and enable the school to support/facilitate any therapy that might have been agreed.	The re-development of services from Specialist CAMHS at Tier 2 will involve schools and take account of requirements for information sharing and agreement on responsibilities within the joint working necessary to deliver the required outcomes for children and young people.	NHSNL	June 2009

	RECOMMENDATIONS	ACTION	LEAD	TIMESCALE
11	That the production of a directory highlighting services that are available to provide help and assistance to statutory agencies, including schools, be produced and made available as soon as possible.	A directory of services is in the final stages of completion. However it requires updating in the light of organisational changes particularly with Council services. Additionally mechanisms will need to be identified to keep it up to date. Consideration of this will be undertaken within the Children's Trust arrangements and its provision of information in a variety of formats to Children, Young people and their families.	NHSNL & Children's Trust	June 2009
12	That this review be revisited in 12 months time.		NHSNL	March 2010

SUPPORTING INFORMATION	
1	NHS North Lincolnshire is responsible for commissioning health services that enable the NHS to discharge its responsibilities for the delivery of a Comprehensive CAMHS in North Lincolnshire as defined in Standard 9 of the National Service Framework for Children, Young People and Maternity (NSF). The PCT intentions in this respect are clearly articulated within its Strategic Plan and financial planning framework for 2009 – 2011.
2	This responsibility is not one that NLPCT can discharge on its own and requires robust partnership working both in commissioning and provision to achieve the best outcomes for the Children and Young People of North Lincolnshire
3	The 4 key performance measure in relation to progress in implementing a Comprehensive CAMHS are shared indicators between the Council and NHS North Lincolnshire recognising that CAMHS is “everybody’s business. This is a key priority of the Children’s Trust.
4	Resources have been made available by NHS North Lincolnshire to secure a dedicated commissioning post to provide the capacity necessary to ensure that this agenda is taken forward in a timely manner and the project manager came into post at the beginning of March 2009
5	The CAMHS Strategy recognises the need for further work in the areas highlighted by the OSC report. Of particular relevance is the work on a ‘Behaviour Pathway’ and Out of Hours Provision. The issue of out of hours provision is one that is a concern regionally and nationally and one that NHS North Lincolnshire and its partners may need to consider at a wider than local level. It is also one that requires joint working with Adult Mental Health to ensure transition issues are addressed and that no young person is admitted inappropriately to an Adult Ward in line with the Out of the Shadows action plan.
6	NHS North Lincolnshire and its Partners, working within the context of the Children’s Trust arrangements, continue to progress the development of Comprehensive CAMHS. There is strong commitment to improving the emotional health and well-being of children and young people in North Lincolnshire.
7	The implementation plans/service developments will be delivered wherever possible through service re-design and within existing resources. It is acknowledged that there is a potential for investment to be required in some areas. NHS North Lincolnshire’s responsibilities will be considered and prioritised in line with its Strategic Planning intentions. This includes the commissioning of an appropriate range and level of specialist service to ensure the needs of children and young people in North Lincolnshire are met in a timely manner through access to appropriate and effective CAMHS services.