

NORTH LINCOLNSHIRE COUNCIL

Health and Wellbeing Board

North Lincolnshire's Children's and Young People's Emotional Health and Wellbeing Transformation Plan Refresh

1. OBJECT AND KEY POINTS IN THIS REPORT

- 1.1 To present the North Lincolnshire's Children and Young People's Emotional Health and Wellbeing Transformation plan for endorsement by the Health and Wellbeing Board.
- 1.2 The plan sets out how all agencies will work together to improve the emotional wellbeing and mental health of children and young people in North Lincolnshire over the next 5 years.
- 1.3 The plan has been informed by engagement with and feedback from children and young people, analysis of both qualitative and quantitative needs and evidence driven practice and policy and identifies key priority areas for North Lincolnshire which encapsulate the vision of Futures In Mind.

2. BACKGROUND INFORMATION

- 2.1 Future in Mind was published in May 2015 and set the national ambition to transform the design and delivery of a local offer of services for children and young people with mental health needs. The document makes a broad set of recommendations that, if implemented, will facilitate greater access and standards for CAMHS service, promote positive mental health and wellbeing for children and young people, deliver greater system co-ordination and provide a significant improvement in meeting the mental health needs of children and young people from vulnerable backgrounds. Delivery of the recommendations at a local level requires an integrated whole system approach with the NHS, Public Health, Local Authority Children's Services, Education and Youth Justice working together.
- 2.2 NHS England required local areas to submit jointly agreed plans outlining the local priorities and actions to respond to Futures in Mind.

The Health and Wellbeing Board approved the original transformation plan in 2015, which was assured by NHSE in December 2015. A partnership group was established to lead the implementation of the plan, which has representation from NHS commissioners and providers, schools, children's services and public health. The group is also linked to a work group of the Youth Council in respect of emotional wellbeing.

- 2.3 Since the first transformation plan was published, much work and learning has occurred locally, which has been used to create a refreshed document which provides the necessary steer, direction and leadership to shape practice and services to deliver the required transformations which have been made as a result of the plan, offer a longer-term sustainable approach.
- 2.4 Running alongside the refreshed plan, children and young people in North Lincolnshire have developed their own, Young Peoples Friendly version of the plan, to ensure the plan is accessible, and promoted, amongst their peers.

3. OPTIONS FOR CONSIDERATION

- 3.1 For the board to consider and endorse the revised plan.

4. ANALYSIS OF OPTIONS

- 4.1 The revised plan identifies the following priorities:

- Primary prevention: promoting resilience, increasing public awareness, demystifying stereotype
- Improving access and supporting universal services: implementing a consultation model to move away from a referral culture, to promoting joint working, advice, guidance and support and creating a provision specifically to support universal services.
- Caring for the most vulnerable: develop bespoke inter-agency models which reaches out to the most vulnerable children and young people and groups.
- Development of an Intensive home treatment provision: as an alternative to inpatient services and has a key role in pre-crisis and enables step down in the community.
- Eating disorders: create a new community eating disorders service to reflect local needs and meet national standards.
- Workforce development: to ensure the workforce across universal, targeted and specialist have the right skills to support children and young people.

5. **RESOURCE IMPLICATIONS (FINANCIAL, STAFFING, PROPERTY, IT)**

5.1 The Transformation Plan is funded through current workforce establishments and NHS England funding allocations to NLCCG.

6. **OUTCOMES OF INTEGRATED IMPACT ASSESSMENT (IF APPLICABLE)**

6.1 An integrated impact assessment has been completed.

7. **OUTCOMES OF CONSULTATION AND CONFLICTS OF INTERESTS DECLARED**

7.1 Young people have been consulted in the development and ongoing implementation of the revised transformation plan. Emotional Wellbeing has been previously identified as a priority area by young people through the 'Make your mark' ballot.

8. **RECOMMENDATIONS**

8.1 That the Health and Wellbeing Board endorse the refreshed plan.

CHIEF OFFICER NLCCG

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Background Papers used in the preparation of this report : DH Futures in Mind, North Lincolnshire Children and Young People's Emotional Health and Wellbeing Transformation Plan 2015.