

NORTH LINCOLNSHIRE COUNCIL

CABINET

JOINT STRATEGIC NEEDS ASSESSMENT OF HEALTH AND SOCIAL CARE

1. OBJECT AND KEY POINTS IN THIS REPORT

- 1.1 The council and the North Lincolnshire Primary Care Trust (PCT) have worked together to produce the Joint Strategic Needs Assessment (JSNA). This profiles the health and social care needs of the local population.
- 1.2 The JSNA presents:
- A joint analysis of current and predicted health and well-being
 - An account of what people want from services
 - A view of the future, predicting and anticipating potential new and unmet need
- 1.4 This first edition of the JSNA focuses on the issues facing older people. However it needs to be considered alongside the Children's Plan and the priorities within the Local Area Agreement. Later editions will cover these and other issues.

2. BACKGROUND INFORMATION

- 2.1 There have been a number of improvements in the health of local people in the last few years, these include:
- The number of deaths per head of population (a national measure of health improvement) has fallen year on year in North Lincolnshire, and at a faster rate than nationally.
 - Life expectancy at birth is rising steadily. It is currently 76.2 years for men and 81.1 for women. This is a significant improvement on previous years.

- Most of this improvement is due to a fall in deaths from circulatory diseases (such as heart disease and stroke). These have fallen steadily over the past 15 years. They have fallen faster than the national rate and are already above national targets for a 40 per cent reduction by 2010.
- Deaths from cancer have also fallen and are on track to meet the national target of a 20 per cent reduction by 2010.

2.2 But even with these improvements there are a number of challenges ahead and scope for improvement. Taking the right planning decisions now can lead to improved health for the current population. Investing in targeted preventive approaches will also pay a high dividend in later years with longer and healthier lives for everybody. This is exactly in line with the council's strategy of "transforming North Lincolnshire towards a better future for all".

2.3 This first edition focuses on the issues facing older people and those with a long-term condition. The reason for doing this is that North Lincolnshire has an above average proportion of older people. The number of people aged over 65 will rise by 1,000 every year over the next 20 years. Such a rise increases pressures on health and social care services, families, carers and the economy. There are also higher than expected prevalence of 'lifestyle' risk factors such as smoking and obesity in our population.

2.4 The JSNA is a fairly lengthy document, which is supported by more detailed appendices of data. A brief executive summary has been produced which brings together the key findings.

2.5 A comprehensive needs analysis of children and young people was completed in 2006 and updated in 2007. This work underpins the priorities of the current North Lincolnshire Children and Young People's Plan. The content of this and further editions of the JSNA should therefore be considered alongside the priorities identified in that document.

3. **OPTIONS FOR CONSIDERATION**

3.1 The JSNA is a key tool for the council, the PCT and the Local Strategic Partnership (LSP) to inform the future priorities and policies that they set.

4. **ANALYSIS OF OPTIONS**

4.1 This work brings together facts and figures and trends and offers a very constructive way of improving the health and well being of the population. The alternative of not grasping this option would miss out a vital opportunity to take partnership working to a far higher level.

5. **RESOURCE IMPLICATIONS (FINANCIAL, STAFFING, PROPERTY, IT)**

5.1 Financial

The actual costs of producing the JSNA have been the time of relevant officers. It is proposed to make the whole document available on council and PCT websites and print a number of shorter versions of the documents for public and organisational consultation. Any printing costs will be shared by the council and PCT.

5.2 Staffing

There are no staffing implications to this report.

5.3 Property

There are no property implications to this report.

5.4 Information Technology

There are no information technology implications to this report.

6. **OTHER IMPLICATIONS (STATUTORY, ENVIRONMENTAL, DIVERSITY, SECTION 17 - CRIME AND DISORDER, RISK AND OTHER)**

6.1 These proposals will help the council and its partners meet their strategic objectives.

6.2 There will be a positive impact on the environment if people take up more active lifestyles such as cycling and walking as alternatives to driving.

6.3 A diversity impact assessment shows that the proposals are compliant with the council's criteria.

7. **OUTCOMES OF CONSULTATION**

7.1 The JSNA includes the results of various consultations that have taken place with citizens and service users. The key factors that they say are important to them are things that will help them maintain their independence. These include well-maintained housing, a safe and friendly neighbourhood, good social activities and being able to exercise choice and control over their care.

8. **RECOMMENDATIONS**

8.1 Cabinet is asked to welcome the first edition of the JSNA .

- 8.2 Cabinet is asked to agree the proposals to ensure the evidence and issues raised are used to develop policy and planning within the council and LSP frameworks alongside other key documents such as the Local Area Agreement and Children's Plan.
- 8.3 Cabinet agrees that a campaign of public engagement be used to further consult.

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Background Papers used in the preparation of this report

North Lincolnshire Joint Strategic Needs Assessment available at
www.northlincs.gov.uk

Health and social care in North Lincolnshire: Finding the future together

Consultation on North Lincolnshire's Joint Strategic Needs Assessment

Executive summary

This Joint Strategic Needs Assessment looks at how North Lincolnshire's population is changing and how this might affect health and social care services. Given what we already know about North Lincolnshire we have focused on long term conditions¹ and older people.

The most important findings are that:

- ▶ Our population is already slightly older and this trend looks set to continue. There will be around 1000 people aged 65+ added to our population per year between now and 2029.
- ▶ The proportion of our population from Black and Minority Ethnic (BME) groups is small (2.5% compared with 8% nationally in 2001) but is growing (3.5% in 2005). Those from BME groups are generally younger but have more health problems than the white population.
- ▶ Currently, an estimated 1 in 7 (4650) female workers and 1 in 9 (4240) male workers in North Lincolnshire are caring for someone with a health problem or disability. The requirement for such care will increase as our population ages.
- ▶ In spite of continuing improvements in health for all social groups, there are significant inequalities in health outcomes between men and women, between the least well off in North Lincolnshire and the population as a whole and between different ethnic groups. The commonest causes for these differences are coronary heart disease, lung cancer and chronic obstructive airways disease. These are all smoking related conditions.
- ▶ Smoking is the leading cause of preventable ill health and premature mortality in North Lincolnshire and contributes most to inequalities in early deaths, both here and elsewhere in the country. We estimate that about 165 men and 100 women die from smoking related diseases in North Lincolnshire each year, with more than 2000 people being treated in hospital for smoking related illnesses.
- ▶ The prevalence of adult obesity (and of healthy eating and physical activity) in North Lincolnshire is worse than nationally. With so many diseases being related to excess body weight we should expect both a rise in obesity related

¹ Long term conditions are those conditions that cannot, at present, be cured, but can be controlled by medication and other therapies. They include diabetes, asthma, and chronic obstructive pulmonary disease.

diseases in North Lincolnshire over the next decade and beyond, as well as increasing inequalities in the distribution of these diseases.

- ▶ Currently, older people account for more than half of all social housing tenants in North Lincolnshire, with an additional 1200 people aged 60+ currently on the housing waiting list. As our population ages the demand for home adaptations, aids and equipment is likely to grow.
- ▶ Currently an estimated 1 in 4 people aged 65-74 years of age engage in voluntary and community activity in North Lincolnshire, whilst almost 1 in 3 people aged 45-54 volunteer in their spare time.
- ▶ Across the country as a whole, it is estimated that more than three quarters of people aged 75 years and older have one or more long term conditions, with more than a quarter having three or more. People with Long Term Conditions are the most intensive users of health services, accounting for an estimated 80% of all GP consultations and about 37% of hospital bed days nationwide.
- ▶ As our population ages, the number of people living with more than one of these conditions will increase. Over the next 20 years amongst those aged 65+ the prevalence of coronary heart disease is expected to increase by 42%, moderate dementia by 43% and stroke by 46%.
- ▶ We expect to see an increasing number of adults with severe learning disabilities surviving into older age. Currently 2.5% of the adult population (an estimated 3220 adults in North Lincolnshire) has a moderate or severe learning disability and 0.1% (an estimated 130 adults) having very profound and complex needs.
- ▶ When asked what key factors are important to help them maintain their independence, older people have repeatedly highlighted things like well-maintained housing, a safe and friendly neighbourhood, good social activities and networks and opportunities to keep busy including the ability to get out and about and being able to exercise choice and control over their care.

Future priorities

Priorities for next year (2009/10)

- ▶ Most smokers say they want to quit and support of the highest quality needs to be accessible, especially in our most deprived areas.
- ▶ Other programmes need to be developed to help people stay physically active, eat healthily, achieve a healthy body weight and drink sensibly.
- ▶ To reduce the coronary heart disease mortality in North Lincolnshire's most deprived wards a systematic programme of 'heart health' needs to be developed targeted at people in their 50s and 60s.

Priorities for the next three years (2009/12)

- ▶ Services for people living with long term conditions need to be further developed to enable them to be sustainable giving growing demand. Self care needs to be a major element. Programmes targeted at people living with chronic obstructive airways disease, heart failure and diabetes are likely to be important.
- ▶ People clearly want a say in how health and social care in North Lincolnshire are developed. Building on current successes such as the Fresh Start project, we need to find ways of systematically engaging local people in how these and other services are commissioned.

Priorities for the next five years (2009/14)

- ▶ New and potentially more cost effective ways of supporting their needs at home, through initiatives like Supporting People, telecare or individualised budgets need to be developed.

What do you think?

- ▶ For people living with long term conditions and for older people in North Lincolnshire, have we identified the major factors affecting the future provision of health and social care?
- ▶ Have we identified the right priorities for the coming years?
- ▶ Are there other priorities that the commissioners of health and social care should consider?

Please let us know what you think. You can do this either by email or post:

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