

NORTH LINCOLNSHIRE COUNCIL

HEALTH AND WELLBEING BOARD

'KEEPING WELL AND MAINTAINING INDEPENDENCE'

1. OBJECT AND KEY POINTS IN THIS REPORT

- 1.1 To share with the Health and Wellbeing Board a report commissioned by the CCG in relation to what people need to maintain their independence and keep well.
- 1.2 Identify how the key findings in the report can be implemented in North Lincolnshire
- 1.3 Identify actions for the Health and Wellbeing Board

2. BACKGROUND INFORMATION

- 2.1 In March 2013 North Lincolnshire CCG commissioned Georgina Craig Associates to deliver a programme of engagement which answers the question '*What needs to happen in your community so that you and yours feel confident about keeping well and living an independent life to the full?*'
- 2.2 The aim of this work was to co-design a strategy with a wide range of North Lincolnshire residents (min numbers 160) and produce a report that makes recommendations to North Lincolnshire CCG about what needs to happen including investment priorities to help people keep well and live an independent life to the full.

This work will inform the Healthy Lives, Healthy Futures work-stream by supporting people to remain healthy, therefore drawing less on health and care support in the future.

The expected outcome of this work was that NL CCG understands what matters to people about their health services, commissioners will also have a much more clearly defined set of outcomes and critical success factors that describe 'success' in terms of sustainable services and the outcomes that matter to local people.

- 2.3 NL CCG recognises that to secure the required transformational change to deliver sustainable health services in the future, the public need to feel that they have sufficient support to keep themselves healthy and to live independently.

2.4 The CCG received the full report at their meeting on the 8th August 2013 which provides the findings of the Keeping Well and Living an Independent Life project. The project actually engaged over 200 people at 14 different events, namely:

- families with preschool children,
- families with school children,
- families with children living with disabilities,
- care home residents and staff,
- older people who live independently,
- people in recovery,
- people who use GP services,
- people who work in public services (Scunthorpe General Hospital and North Lincolnshire Council)

2.5 The report is structured to provide a full report supported by 12 appendices, which contain the reports relevant to particular groups. The following links go to the report as received on the 8 August.

Link1 contains a link to the full report and appendices 1 - 6

<http://www.northlincolnshireccg.nhs.uk/data/uploads/publications/board-meetings/8-august-2013/item-6.2.3-keeping-well-report-part-1-of-2050813.doc>

Link 2 contains a link to appendices 7 -12

<http://www.northlincolnshireccg.nhs.uk/data/uploads/publications/board-meetings/8-august-2013/item-6.2.3-keeping-well-report-part-2-of-2050813.doc>

2.6 In considering the report the CCG has identified proposed priorities for taking forward during 2013/14, some of which are for the CCG to action and some will require wider partnership support through the HWB.

3. **OPTIONS FOR CONSIDERATION**

3.1 **Receipt of the report**

This report describes a number of key insights into what keeps people well and able to live independently to support the CCG and the HWB Partners in commissioning and providing services to meet the needs of the population.

3.2 **Taking forward the findings of the report**

It is suggested that future commissioning intentions across North Lincolnshire Clinical Commissioning Group and North Lincolnshire Council should reflect the findings of this report.

The findings of this report need to be considered alongside Healthy Lives, Healthy Futures and influence commissioning of support to keep people well an independent to reduce utilisation of traditional health and care services.

The actions required in response to this report are much broader than health and social care commissioning, and demonstrate the wider impacts on health and independence e.g. highways, planning, voluntary sector peer support.

The report suggests a wide range of potential actions and the CCG proposes that through the HWB the focus is initially on a small number of the recommendations for initial action. These are suggested below including how they might be taken forward:

- Consider how partners in the Health and Wellbeing Board can work together to focus the whole system on maintaining independence and helping people have a fulfilling life - *that the report is shared through partners and used to support the future development of strategic approaches particularly through the ICP, IWP, JSNA and Health and Wellbeing Strategy working groups*
- Design and implement relationship based care models (not clinically led pathways) in key areas, based on the 'trusted individual' concept - *Integrated Working Partnership task groups re 0-2 and elderly to consider and identify approaches.*
- Work with community groups to develop a framework for a community led Health Well Being prototype in rural area including Identifying budget (Bold Step suggested by community) – recommend this is taken forward with the community and voluntary sector to co design what they might look like and how they would work. IWP to *establish a task group to take forward*
- Share the insights from this work and develop a set of person centred outcomes to build into contracts from April 2014 (community signalled at PATH wish to shape outcomes) *ICP to oversee development of approach which could be through a community workshop and linked to the IWP workstreams*
- Build a map of resources available in each community *With the support of stronger communities and health facilitators and supported by the Estates group re premises mapping*
- Work with Children's Centres and Voluntary Sector to bring together a group of older people and young people. Share the findings this work and with them. Support them to explore their gifts/ assets and how they would like to work together to keep well. – *HWB to identify work already undertaken in relation to intergenerational work to identify any further opportunities and actions*

4. ANALYSIS OF OPTIONS

4.1 Receipt of the Keeping well report

- 4.1.1 That the Health and Wellbeing Board accepts the report and records as part of the minutes of their meeting.

4.1.2 That the Health and Wellbeing Board note that this report and the individual summary reports have been shared with the groups who participated in them and are published on the CCG's website at <http://www.northlincolnshireccg.nhs.uk/news/post/update-on-experience-led-commissioning-work-in-north-lincs>

4.1.3 That the insights contained in the report be utilised as part of the North Lincolnshire Joint Strategic Needs Assessment and be made available through the data observatory at [Home | JSNA - North Lincolnshire Data Observatory](#)

4.2 Taking forward the findings of the report

4.2.1 That the Health and Wellbeing Board and its working groups consider the findings of this report in the future commissioning of services to ensure commissioned services are person centred and reflect the needs identified within this report.

4.2.2 That the Health and Wellbeing Board consider and support the proposed priority actions

5. RESOURCE IMPLICATIONS (FINANCIAL, STAFFING, PROPERTY, IT)

5.1 Responding to the issues identified within this report may require investment across both NL CCG and North Lincolnshire Council. However spend on these initiatives will be off-set to some degree by the improvement in health and well-being across the community, resulting in lower utilisation of health and care services. Detailed analysis of potential cost and associated savings has not been undertaken.

6. OUTCOMES OF INTEGRATED IMPACT ASSESSMENT (IF APPLICABLE)

6.1 Not applicable

7. OUTCOMES OF CONSULTATION AND CONFLICTS OF INTERESTS DECLARED

7.1 The report details the findings of engagement with approximately 200 of the North Lincolnshire population. It is recognised that not all population groups have been engaged in this work. Notable groups not engaged are housebound people (30 invite letters sent by General Practices, but no uptake) and school age children and young adults – this was in part due to the timing of the work which coincided with exam periods in schools and colleges.

No conflicts of interest identified

8. RECOMMENDATIONS

8.1 That the Health and Wellbeing Board accepts the attached report and records as part of the minutes of their meeting.

- 8.2 That the Health and Wellbeing Board note that this report and the individual summary reports have been shared with the groups who participated in them and are published on the CCG's website.
- 8.3 That the insights contained in the report be utilised as part of the North Lincolnshire Joint Strategic Needs Assessment and be made available through the data observatory
- 8.4 That the Health and Wellbeing Board and its working groups consider the findings of this report in the future commissioning of services to ensure commissioned services are person centred and reflect the needs identified within this report.
- 8.5 That the Health and Wellbeing Board consider and support the proposed priority actions

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Date: 17th September 2013

Background Papers used in the preparation of this report:

G Craig Associates; Analysis of North Lincolnshire ELC™ Co Design Programme: keeping well and living an independent life (July 2013)